

AREA

Dolomites - Marmolada

PEAK

Mesola

FACE

West/East

ALTITUDE

2727 m

DIFFICULTY

Medium

TIME

2 hours

BEAUTY

4

DESCRIPTION OF DIFFICULTY

The itinerary is technically varied and nice. The most difficult section is to be found right at the start: a steep smooth slab. Good hiking boots make a world of difference on this volcanic rock.

TOTAL ASCENT

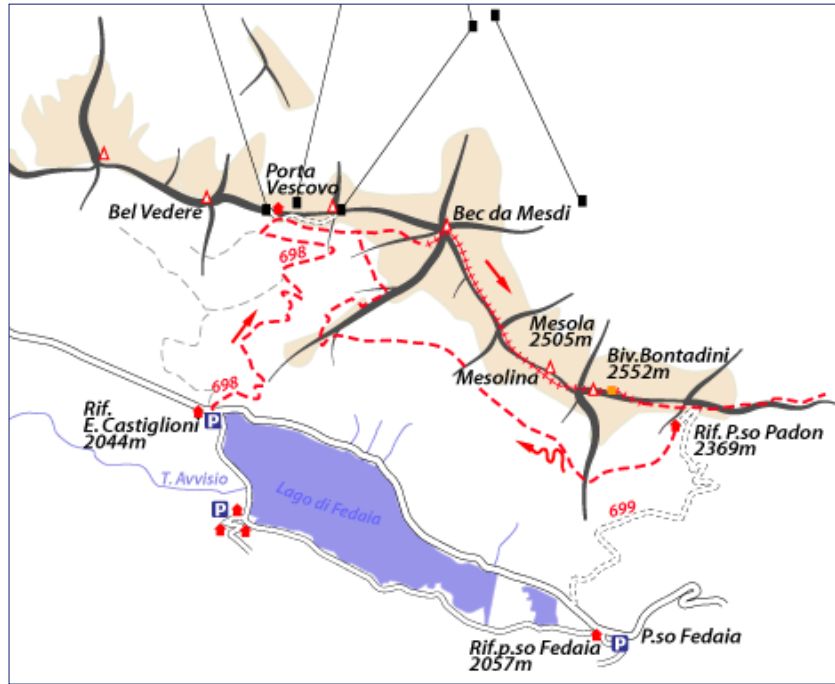
300 m

FERRATA ASCENT

200 m

PERIOD

June to October



Porta Vescovo.

ACCESS

From Passo Fedaia take path no. 698 for about 45 mins to reach Rif. Porta Vescovo and the cable car that leads up from Arabba. Follow signs east and traverse towards the Mesola to then finish steeply directly beneath Bec da Mesdi.

ASCENT

The ferrata begins up a smooth 30m slab. Climb up this to a good ledge that leads off leftwards to a further set of less steep slabs. Continue up these and on to the summit crest. The itinerary now alternates on both sides of the ridge, at times exposed but well-equipped, and on to a small bridge. Reach the Mesola summit and descend steeply to a wide saddle. Either leave the ferrata at this point by following the path south meet up with those that lead to the cable car, or proceed along the ridge. This leads through two tunnels onto the north and south face of the Mesola. The path is exposed and reaches the final steep Mesolina incline. Use the cables to climb up to the last tunnel; walk through this taking care not to chose the wrong fork and after about 300m exit onto the SE face, close to Bivacco Bontadini 2550m.

DESCENT

From the bivouac take the path east rapidly down to Rif. Padon 2390m and descend along the piste south (path no. 699) to Passo Fedaia and the dam. To return to Arabba take path no. 699 north or, alternatively, the path that traverses across the south face back to Porta Vescovo

BIBLIOGRAPHY

Via Ferrata Scrambles in the Dolomites by Höfler/Werner Translation Cecil Davies Cicerone Press

LINKS

<http://cortina.dolomiti.org>
<http://www.planetmountain.com>
<http://www.guidecortina.com>

**POPULARITY**

High

GEAR

Normal via ferrata kit. Torch necessary.

INTRODUCTION

The Ferrata delle Trincee is an interesting itinerary, not only from a physical and naturalistic point of view, but also because it crosses through narrow clefts and tunnels that date back to the First World War, inducing the walker to interpret and reflect upon this violent past.

GETTING THERE

From Val di Fassa or Malga Ciapela drive up to Passo Fedaia and leave the car at the dam. Take path no. 698 to Porta Vescovo and the start of the ferrata. Alternatively, from Arabba take the cable car directly to