**AREA**

Dolomites - Fanis

PEAK

Cima Cunturines

FACE

Southeast

ALTITUDE

3064 m

DIFFICULTY

Easy

TIME

8 hours

BEAUTY

3

DESCRIPTION OF DIFFICULTY

The brief Via Ferrata, although not particularly difficult, requires a certain degree of physical fitness due to its long and tiring approach. Some sections are not equipped and although an easy scramble, friable in places.

TOTAL ASCENT

1340 m

FERRATA ASCENT

100 m

GETTING THERE

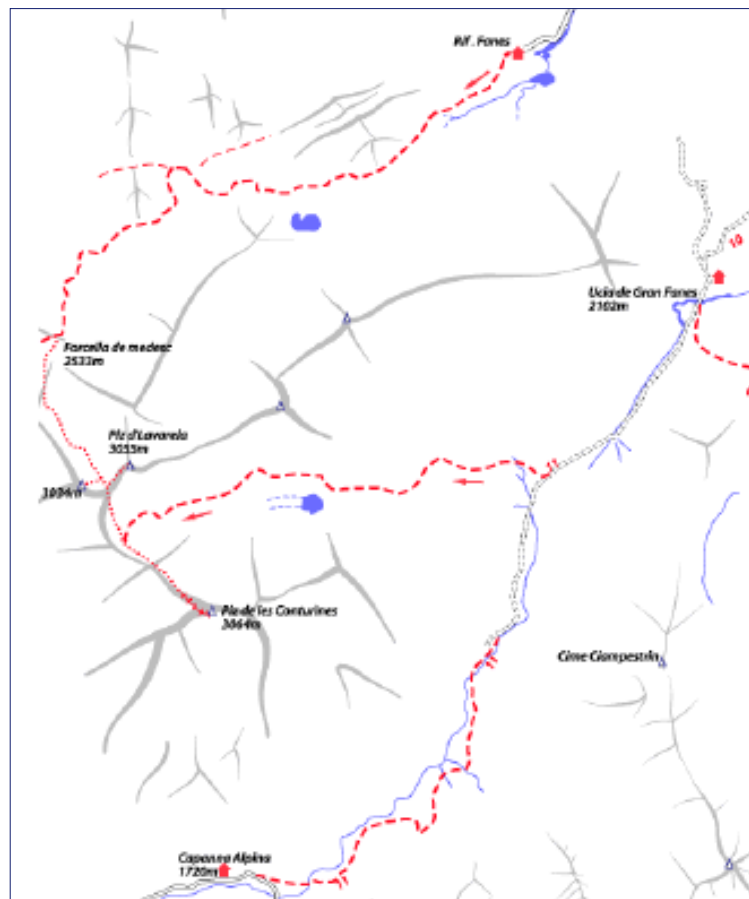
1) From Passo Falzarego or S. Cassiano take the Passo di Valparola road and turn off (north) at the Ru Sciare bridge to reach Capanna Alpina all'Armentarola (1726m).
2) From S. Vigilio di Marebbe drive to Rifugio Pederù.

ACCESS

1) From Capanna Alpina take path no. 11

BIBLIOGRAPHY

Via Ferrata Scrambles in the Dolomites
by Höfler/Werner
Translation Cecil Davies
Cicerone Press

**PERIOD**

From July to September, depending on snow conditions.

POPULARITY

Medium

GEAR

Normal via ferrata kit.

INTRODUCTION

The long approach, the wild environment and uncontaminated surroundings make this outing an ideal choice for those in search of silence and the magical, hidden secrets of the Dolomites. A short Via Ferrate, dedicated to the discoverer of the "magic" dolomia Déodat de Dolomieu, leads to the summit of the isolated Piz Cunturines which, together with Lavarella, looks down onto the green Valle di San Cassiano. Looking eastwards one is rewarded with unhindered views as far as the snow covered Ortles.

and cross Plan de Furcia to swiftly climb up to Col de Lòcia (2069m). Continue to Passo Tadega (2157m), where the path forks left (west) to lead up Vallon di Lavares towards Cunturines and Lavarella. The path crosses scree slopes past the Cunturines lake to Piz delle Due Forcelle (2929m).

2) From Rif. Pederù walk to Rif Fanes (2060m) and proceed to Alpe di Fanes Grande (2 hrs) and Passo Tadega (2157m). Continue from here as described above.

ASCENT

Reach the northernmost col between Cunturines and Lavarella and follow the line of ascent left up scree (and not right towards Lavarella) to a wooden ladder that marks the start of the Ferrata. After this short vertical section continue right along an equipped ledge to reach easier ground. More cables lead past stepped terrain to a wooden bridge and on the final scramble to the summit.

DESCENT

As for the ascent.

LINKS

<http://cortina.dolomiti.org>
<http://www.planetmountain.com>
<http://www.guidecortina.com>

