

Ferrata A. M. Strobel

AREA

Dolomites – Pomagagnon

PEAK

Punta Fiames

FACE

Southwest

ALTITUDE

2240m

DIFFICULTY

Medium

TIME

4 hours

BEAUTY

4

DESCRIPTION OF DIFFICULTY

Medium difficulty, ascent predominantly on wide ledges, some sections exposed but well-protected and safe.

TOTAL ASCENT

1000

FERRATA ASCENT

600

PERIOD

Depending on snow conditions from May to October.

POPULARITY

High

GEAR

Normal via ferrata kit.

INTRODUCTION

The “Strobel” is a classic and highly popular via ferrata that takes a logical line up wide ledges through the west face of the Punta Fiames, past exposed but well-equipped sections. The view onto Cortina and the Boite valley is unequalled. Despite its relative closeness to Cortina, the considerable height difference makes good fitness an essential pre-requisite.

GETTING THERE



From Cortina take the SS 51 towards Dobbiaco for about 4km to Fiames. Park the car at Hotel Fiames.

ACCESS

The signposted path starts opposite Hotel Fiames and leads through the wood to a disused railway track. Walk right for a few meters to the path that leads past pine trees to a scree-filled gully. Follow this and exit left (take care not to miss the path at this point) to make the tiring ascent to the foot of the gully at the base of the west

face. A metal plate at the extreme left-hand side of the obvious wide ledge marks the start of the ferrata (1 hour from the car).



ASCENT

The ferrata traverses the west face rightwards along the wide ledge. This first section presents no particular difficulties and leads to the base of an oblique ramp with a chimney and cracks, where the first metal cable has been installed. Follow this, paying particular attention to the smooth sections which have become polished due to the numerous ascents.

Climb the chimney crack and continue leftwards past exposed sections to reach a second ledge system that leads rightwards via isolated pine trees to an exposed arête. The view from here onto the South Face is impressive, and usually one can make out



through the final bulging sections to the end of the rocky section, from where the path leads easily to the summit of Punta Fiames (2-3 hours from the base of the via ferrata).

DESCENT

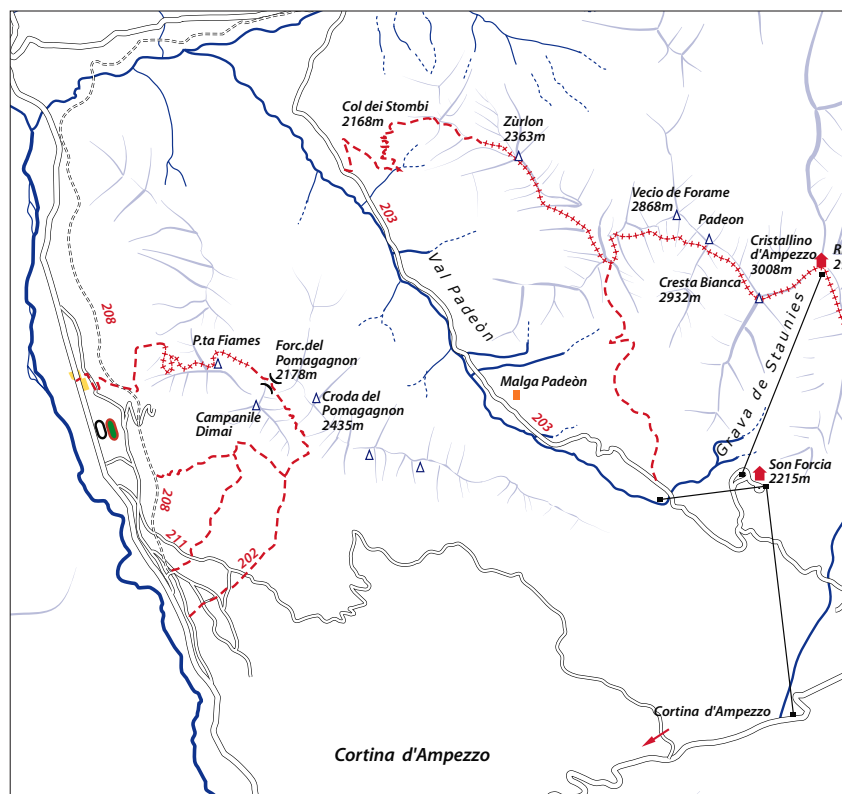
Descend NE along the path past easy rocky scrambles to traverse rightwards (east) to the wide Forcella del Pomagagnon gully (2178m). This southeast facing gully is steep at first but the scree enables a quick descent. Pass the first signpost at the base of the gully (at approx. the height of the first pine trees) and continue to the second signpost. To return to Fiames follow the path no. 208 rightwards at half-height to then descend quickly into the woods and onto the disused railway track that leads back to Fiames.

BIBLIOGRAPHY

Via Ferrata Scrambles in the Dolomites by Höfler/Werner Translation Cecil Davies Cicerone Press

LINKS

<http://cortina.dolomiti.org>
<http://www.planetmountain.com>
<http://www.guidecortina.com>



climbers on the Normal route or on the Spigolo Jori.

Various equipped bulging steps lead to the base of a steep black wall, which is ascended by means of a ladder and steps (exposed). A metal cable then leads