

AREA

Dolomites – Tofane - Pomagagnon

FACE

North

DIFFICULTY

Medium

TIME

3 - 3,30 hours

BEAUTY

3

NOTES

No obvious danger. The itinerary can also be carried out during snowfalls.

ASCENT

300m

DESCENT

300m

POPULARITY

Low

GEAR

Normal equipment for winter walking, snowshoes and poles.

INTRODUCTION

This itinerary leads through a wild and solitary valley at the foot of the Pomagagnon and Cristallo. It can be carried out even during snowfalls and, since it faces north, is ideal terrain for deer and chamois.

GETTING THERE

From Cortina head towards Dobbiaco along the S.S.51.

ACCESS

Drive past the hairpin bend and the road that leads to the refuge "Ra Stua" and park near Podestagno (1474m), close to an old disused building.

DESCRIPTION

Walk past the building, once used for road maintenance, and follow path no. 201 for Val Granda, first past the cross-country piste (1445m) then onwards, following signs for Val Pomagagnon - Son Forca. The ascent begins at the bridge, easily at first to a good resting point with table and benches. The second section is much more tiring, and at the end of this continue to "In pò ra bujèla" (1700 m) and into the Val Padeon. The path now loses height slightly to another vantage point from where, with a bit of luck, deer and chamois may be seen. Continue the descent to the bridge and cross the river "Ru Bosco" (1698m) to then start heading back, along path no. 203, towards Rif. Ospedale. At the end of this long descent and immediately before a bridge (and the cross-country piste and state road SS51) turn off left, along the narrow path up into the woods. This leads easily through the forest through tunnels formed by the tree branches. Keep left to reach a ravine, which then leads to a beautiful bridge. Cross "Ru bosco" once more and then

return easily downhill to the path used earlier on in the day.

RETURN

This is a round trip that starts and finishes at the disused building near Podestagno.

LINKS

<http://cortina.dolomiti.org>

<http://www.planetmountain.com>

<http://www.guidecortina.com>

